

## BRANTRIDGE BULLETIN

Friday, 11<sup>th</sup> November, 2022.

**Dates for your diary:**

**INSET Day:** Monday 28<sup>th</sup> November 2022

**End of term:** Friday 16<sup>th</sup> December 2022

**First day Spring Term:** Tuesday 3<sup>rd</sup> January 2023

Dear parent/carer,

As mentioned in last week's bulletin, this past week has been International Stress Awareness Week and we have been learning all about this at Brantridge. Whilst stress is something we often only associate with adults, it is important for our pupils to have an understanding of what can lead to these overwhelming feelings and what we can do to help ourselves and each other.

Throughout the week, our pupils have identified what stress can look like in different people and what some of the causes can be. We've played games to help us think of strategies to reduce the difficult feelings and to feel calmer. Some of their suggestions included going for a walk, cuddling a sibling, using fidget tools, playing a game they enjoy and talking to someone.

We have another busy week planned from Monday, celebrating the start of Anti-Bullying Week. This is an event we mark every year, with the theme this year being 'Reach out'. We will begin the week with 'Odd Socks Day' on Monday to celebrate our differences. Please note this is not a fundraising event but simply an opportunity to show that it is okay to be different and stand out. It would be brilliant to see all our students with odd socks on the day!

Through the remainder of the week, we will have workshops for each class group lead by Freddie Sweeting of our pupil support team, as well as different activities in each class. Towards the end of the week, we will also be re-launching the anti-bullying ambassador roles. These will be appointed in each class for the remainder of the academic year with the goal of supporting the school in preventing bullying.

I hope you all have a lovely weekend,

Mary Townsend

Mental Health Advisor

## Therapies and Interventions

Dear parents/carers,

Whilst we won't be focusing on this during the school week, it may be of interest to you that next week is National Self Care Week (14<sup>th</sup>-20<sup>th</sup> November). This is an opportunity to think about both physical health and mental wellbeing.

Some ideas for how to promote this at home may be through emotional check-ins with your child, simple breathing exercises and relaxing activities such as yoga. There are many yoga resources for children available (such as Cosmic Kids on Youtube). If you would like to be involved yourselves, a free yoga session for adults will be available on Wednesday 16<sup>th</sup> November on the following site

<https://www.rcn.org.uk/news-and-events/events/time-for-self-care-yoga>

Best wishes,

Mary Townsend

Mental Health Advisor



### 'Idiom of the Week'

The 'Idiom of the Week' for the week beginning Monday 14<sup>th</sup> November is:

**'What goes around comes around'** 'meaning 'if you treat people badly, you will be treated badly by someone'.



### Nova

Some tremendous learning and progress evident in Nova class this week. Some of the boys have shown a real improvement in number recognition and matching numbers up to 20. Other boys have shown some incredible learning in telling the time to 5 minute intervals then telling time to the minute with excellent accuracy, listening skills and peer learning. In English we have been recounting events and retelling the story of Guy Fawkes, finding and recalling facts and using Microsoft Word to record these. Well done Nova- some really super learning.

### Pluto

This week we have looking at working hard on consolidating our times tables facts linked to multiplying by 2, 5 and 10 and then linking this to dividing (the inverse operation) by 2,5 and 10. We have used equipment practically to support us with this work.

Using our text 'Cave Baby' we have used drama to recreate the story using body language, facial expressions, and posture. This was a lot of fun, and we did well.

For our DT work, we have created Stone Age shelters using different cloths and objects. We had to think carefully about what the shelters would have been made of and what might have been in the shelters. We used the Stone Age knowledge we have learnt so far to help us with this.



### Zephaniah

This has been a very busy week in Zephania Class. We started with a trip to Brighton to take part in Fabrica's schools workshops. We watched a film and then responded through art by creating movable sea creature puppets that we then used as shadow puppets. All boys engaged brilliantly and really enjoyed themselves so were rewarded with a treat of sausage and chips for lunch.

In English we have been studying Shakesperean language, we created insults and then acted out using tone, volume and expression.

In maths we have continued our algebraic investigations, this week we have simplified expressions and collected like terms, great progress made by all.

We had our final Zoom singing session with West Sussex Music and are busy practising ready for the roadshow in December.

On Thursday we had gymnastics for PE which everyone really enjoyed and on Friday we took part in the annual Remembrance service on the village green where we laid a wreath and then took part in remembrance art projects back in school.

As part of our ASDAN project we looked at different tartans and their history and then got to have a go at weaving our own piece of tartan.

All available to view on Tapestry!

### Jupiter

This week, Jupiter have worked on writing informal letters/ cards to others. In maths, the boys have worked on measuring angles and working on radius, diameters, and circumferences of a circle.

Jupiter have been producing a power station and learning about energy. In science, we have been finding out facts about the solar system, working on planets and making our own.

The boys have enjoyed making various sandwiches and stuffed peppers/tomatoes/cucumber. Some even went around to other classes to offer their food out.

Jupiter have enjoyed using coding to make bees and cars move. We have ended the week learning about black history month and Remembrance Day.

Well done on your hard work!

## Saturn

We saw some fantastic learning this week, in phonics the boys are working hard on their sounds and applying their knowledge to help them decode words to read and blend them to write. In maths we have been focussing on subtraction and solving calculations. In science we learned about the functions of different parts of the human body and tested what exercise did to our heart rates.

The boys have particularly enjoyed use of clay in art. They have worked hard using techniques to join and sculpt clay to make animals. Christmas appears to have started early as reindeers and Father Christmas also featured!



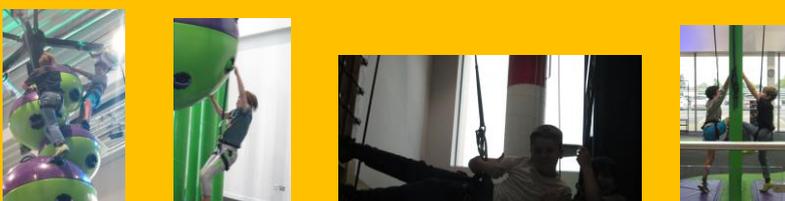
## Titan

This week in Titan we have focused on multiplication and division in Maths; the pupils have had the chance to use multiplication and division skills in different activities, for e.g. Mathopoly, Who wants to be a Thousandaire, as well as in word problems.

In English, the pupils wrote a letter home to mum - pretending to be Stanley Yelnats, the main character in the book *Holes*, to let her know what Camp Green Lake is really like - the pupils did really well, they used facts from the book to describe the place and the fact that it was isolated and strict.

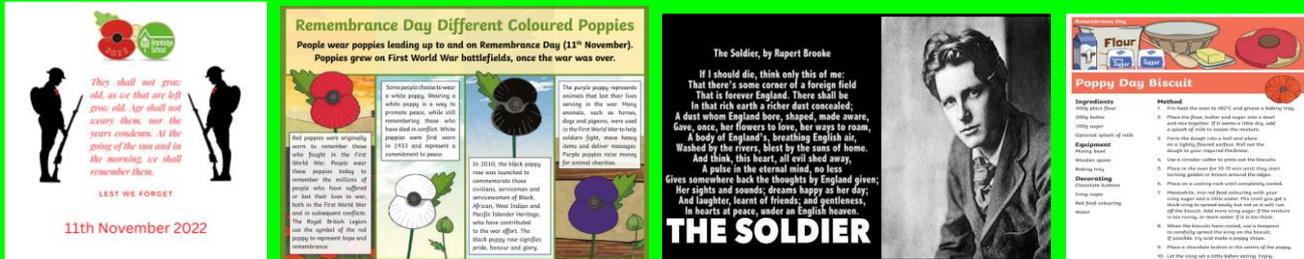
We have also looked at Remembrance this week, in preparation for the Remembrance service that some pupils attend on the Green. We wrote some poems and the pupils made stained glass windows using paint, tissue paper and paper.

Clip and Climb was another success this week and we have a few photos to show it!



## Galaxy

The Galaxy group have worked collaboratively to create a newsletter. Below are the images from this week's one with a focus on Remembrance. One pupil represented the Galaxy group at the memorial on the village green.



### Design a Medal.

Prizes Will Be Awarded To The Top Three Designs As Chosen By Mary Townsend.

Please Write Your Name On The Back.



Galaxy Remembers.

## Earth

This week in Earth we had our first horse riding session! All of the children were amazing and thoroughly enjoyed the experience, we are looking forward to getting to know our horse better each week.

In maths, we have been working on multiplication and division, we have been practicing counting in 2s, 5s & 10s as well as sharing out objects practically. We have also enjoyed computing this week, we have been learning to program a character to follow an algorithm!

### Neptune

This week in Neptune we have focused on verbs and adverbs in English. The boys have enjoyed writing their own stories focusing on using verbs and adverbs. In Math we have looked at short division which the boys have done well with. Although they found it hard at the beginning of the week, they have challenged themselves and worked really hard.

In History we have looked at Tudor crime and punishment. The boys have made models of the punishments using cardboard. We have also looked at Black History Month and what that means. The boys have found it really interesting looking at different important people and the things they have done.

We have also looked at stress awareness week which the boys found very interesting, and we look forward to anti-bullying week next week. The boys also look forward to focusing on remembrance day tomorrow in preparation for the weekend.

### Orwell Class

This week Orwell class started the week with a trip to Fabrica to participate in art and crafts workshop with the fabulous artists on site. The boys were inspired to make cardboard shadow puppets based on sea creatures seen in a film of a woman swimming off the Irish coast.

In our inaugural ASDAN lesson we learnt about Scottish culture and the boys enjoyed a joint Kahoot contest with Zephaniah class and the chance to sample some traditional Scottish treats.

In maths the boys have been deepening their understanding of multiplication, prime numbers and common factors. In English we began studying Holes by Louis Sachar and the boys have already got a feel for Camp Green Lake as evidenced by particularly by 2 pupil's efforts especially.

In history we were able to discuss and dissect the motivation behind the first crusade from the point of view of all involved parties through role play.

We went to Boulder Brighton and the boys showed their burgeoning climbing prowess once more. It was the first time one of our number had attended and he really surprised himself with a great show of agility and resilience.

More detail and photos are available on Tapestry.



## Outdoor Learning



In outdoor learning this week we have been learning about Remembrance and why we use the Poppy as the symbol. We then went on to create remembrance friendship bracelets using red wool to represent the bloodshed, Black to represent the deaths and then we created Elder beads to represent the green for new growth. The boys were also introduced to using secateurs safely to cut the Elder before hollowing their Elder bead out.



# BRANTRIDGE BULLETIN

**Stir.**

**W/C: 14/11, 5/12**

**week: 01**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Meat Free Monday</b> Veggie Bolognese With Wholegrain Penne Pasta	<b>Sausage &amp; Mashed Potatoes</b>	<b>Chicken &amp; Tomato Pasta Bake</b>	<b>Mild Chilli Beef &amp; Rice</b>	<b>Bacon or Fishcake in a Bap</b>
Garlic Bread	Carrots	Green Beans	Sweetcorn	Packet of Crisp
<b>Jacket Potato with Cheese or Baked Beans will be Available Daily</b>				
<b>Baguettes/Wraps with Cheese, Egg Mayo or Ham are Available Daily</b>				
<b>Chefs Special</b>	<b>Chefs Special</b>	<b>Chefs Special</b>	<b>Chefs Special</b>	<b>Chefs Special</b>

**menu**

**let's eat, together**  
[www.stirfood.co.uk](http://www.stirfood.co.uk)